

### SPECIAL EDUCATION: INTERVENTION PLAN

When you're invited to a meeting to develop an intervention plan for your child, you may feel somewhat unprepared. Don't worry: the stakeholders simply want to team up with you for the good of your child.



Your role during these meetings is very important: you're the one who knows your child best!

During the meeting, listen to what the school team has to say on the subject (your child may not have the same attitude at school as at home). The school team will explain how it'll help you. Take this time to share your point of view while staying open to proposals. If certain aspects seem unclear, don't hesitate to ask questions. For example:

- What services will my child receive?
- What's my role in the intervention plan process?
- How can I help my child at home?
- Who do I speak with when I want to speak with the school team and how do I get in touch with this person (phone, email)?

You can participate in the decisions and identify possible solutions to improve and remediate the situation. Remember to let the stakeholders know of any measures taken in the past, and if there are any, of any well-functioning strategies that you use at home.

Before leaving the meeting, ask for a copy of the intervention plan. Remember that the quality of the relationship between parents and the school team influences the child's journey, regardless of his difficulty level.

- I don't understand the terms used very well. Can you rephrase the sentence?
- Can you give me examples of situations in class?

#### Tips and tricks to temper difficult behaviours at home:

- Make sure your child understands what you're asking of him (the clearer the request is in your head, the clearer it will be in that of your child).
- Give clear instructions instead of formulating wishes.
- Use "I" instead of "you", which seems accusing.
- Be consistent (do what you say).
- Promote obedience rather than punishing disobedience.
- Tell your child that you don't accept his behaviour and not who he is as a person.

***Lastly, remember that children all have good skills. Believe in their abilities and celebrate their success!***

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