



I'M INVOLVED!

Parental and Community Involvement Newsletter

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STUDENT ATTENDANCE

"Parental involvement in a child's education fosters student success and better attendance." [translation] (Larivée, 2012)

As a rule, most students go to school every day; however, some of them are absent more often.

Repeated absences lead to learning gaps and delays which cause increased frustration and loss of motivation.

So, as a parent, how can you help improve your child's school attendance?

- To develop your child's sense of belonging in school, help him find a meaningful activity he enjoys and will stick with (a particular subject, an extra-curricular activity, a special responsibility, etc.).
- Remind your child that to feel recognized and valued at school, he needs to be present in the classroom.
- Always speak positively about school and teachers in front of your child.
- Stay connected with your child: talk to him, ask him questions about his day.
- Ask the school team whether a significant adult in your child's life can help motivate him.
- Celebrate every little victory!



To give you an idea, here are the absenteeism levels for a school year (Potvin, 2009)

Normal: 0 to 9 days
Moderate: 9.5 to 19.5 days
Chronic: 20 days and over

Remember that family plays a key role in school attendance. The more support you give your child and the more effective routines are at home, the fewer absences your child will have.

If your child refuses to go to school and often feels sick, it may be stress related. Try talking with your child about what is causing this stress. Here are some ways to improve communication with your child and see how things are going:

Children: <https://www.apa.org>

Teens: <https://www.caringforkids.cps.ca>

If you need help to improve your child's school attendance, or with any other subjects, get in touch with us at 1-877-842-7672. We are here to assist you.



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